



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Messerer, Margit

Club: Passau
Number: 142

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 13:56:52

Speed: 7.17 km/h
Running performance: 8:22 min/km

Rank in course/Total: 189 (of 272)

Rank in course/Women: 22 (of 37)

Best time in course: 10:26:10

Rank in category: 3(of 8)

Best time in the category: 11:43:50

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 25.00 | 3:46:37 | 9:03 | 3 | 44:14 | 27 | 1:07:20 | 25.00 | 3:46:37 | 9:03 | 4 | | 5 | |
| Floh-Seligenthal | 25.00 | 3:38:52 | 8:45 | 3 | 41:21 | 25 | 52:33 | 50.00 | 7:25:29 | 8:54 | 4 | | 5 | |
| Finsterbergen | 25.00 | 3:17:53 | 7:54 | 2 | 19:01 | 18 | 54:07 | 75.00 | 10:43:22 | 8:34 | 3 | 1:44:36 | 4 | |
| Fröttstädt | 25.00 | 3:13:30 | 7:44 | 2 | 28:26 | 12 | 43:06 | 100.00 | 13:56:52 | 8:22 | 3 | 2:13:02 | 22 | 3:30:42 |