



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Messerer, Margit

Club: Passau
Number: 142

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 13:56:52

Speed: 7.17 km/h
Running performance: 8:22 min/km

Rank in course/Total: 189 (of 272)

Rank in course/Women: 22 (of 37)

Best time in course: 10:26:10

Rank in category: 3(of 8)

Best time in the category: 11:43:50

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total			Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.		Cat.	Women	Women				
Glasbachwiese	25.00	3:46:37	9:03	3	44:14	27	1:07:20	25.00	3:46:37	9:03	4		5	
Floh-Seligenthal	25.00	3:38:52	8:45	3	41:21	25	52:33	50.00	7:25:29	8:54	4		5	
Finsterbergen	25.00	3:17:53	7:54	2	19:01	18	54:07	75.00	10:43:22	8:34	3	1:44:36	4	
Fröttstädt	25.00	3:13:30	7:44	2	28:26	12	43:06	100.00	13:56:52	8:22	3	2:13:02	22	3:30:42