



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Thater, Ralf

Club: SVE Wildenloh
Number: 219

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:14:01

Speed: 7.03 km/h
Running performance: 8:32 min/km

Rank in course/Total: 194 (of 272)

Rank in course/Men: 172 (of 235)

Best time in course: 7:55:46

Rank in category: 46(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:48:57	9:09	54	1:20:12	221	1:37:10	25.00	3:48:57	9:09	20	15:46	184	1:37:10
Floh-Seligenthal	25.00	3:27:55	8:18	38	1:09:26	155	1:22:57	50.00	7:16:52	8:44	20	15:47	181	3:00:07
Finsterbergen	25.00	3:26:25	8:15	41	1:35:15	169	1:38:29	75.00	10:43:17	8:34	19	17:28	173	4:38:36
Fröttstädt	25.00	3:30:44	8:25	39	1:31:56	161	1:39:39	100.00	14:14:01	8:32	46	5:35:21	172	6:18:15