



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Matthes, Bodo

Club: LC RON-HILL Berlin e.V.
Number: 141

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:15:11

Speed: 7.02 km/h
Running performance: 8:33 min/km

Rank in course/Total: 199 (of 272)

Rank in course/Men: 176 (of 235)

Best time in course: 7:55:46

Rank in category: 40(of 54)

Best time in the category: 9:26:44

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 25.00 | 3:48:37 | 9:08 | 52 | 1:21:57 | 219 | 1:36:50 | 25.00 | 3:48:37 | 9:08 | 17 | 21:43 | 188 | 1:36:50 |
| Floh-Seligenthal | 25.00 | 3:39:18 | 8:46 | 43 | 1:12:07 | 188 | 1:34:20 | 50.00 | 7:27:55 | 8:57 | 17 | 32:58 | 185 | 3:11:10 |
| Finsterbergen | 25.00 | 3:24:25 | 8:10 | 38 | 1:10:07 | 163 | 1:36:29 | 75.00 | 10:52:20 | 8:41 | 16 | 36:14 | 177 | 4:47:39 |
| Fröttstädt | 25.00 | 3:22:51 | 8:06 | 32 | 1:10:51 | 132 | 1:31:46 | 100.00 | 14:15:11 | 8:33 | 40 | 4:48:27 | 176 | 6:19:25 |