



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Jäger, Ruth

Club: TGM SV Jügesheim
Number: 252

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 14:17:35

Speed: 7.00 km/h
Running performance: 8:35 min/km

Rank in course/Total: 202 (of 272)

Rank in course/Women: 24 (of 37)

Best time in course: 10:26:10

Rank in category: 1(of 1)

Best time in the category: 14:17:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	25.00	3:38:10	8:43	1	-	21	58:53	25.00	3:38:10	8:43	1	-	7
Floh-Seligenthal	25.00	3:29:38	8:23	1	-	18	43:19	50.00	7:07:48	8:33	1	-	7
Finsterbergen	25.00	3:20:47	8:01	1	-	21	57:01	75.00	10:28:35	8:22	1	-	6
Fröttstädt	25.00	3:49:00	9:09	1	-	28	1:18:36	100.00	14:17:35	8:34	1	-	24 3:51:25