



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Hantscher, Stefan

Club: ULTRARUNNER-TEAM.de
Number: 60

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:18:02

Speed: 6.99 km/h
Running performance: 8:35 min/km

Rank in course/Total: 203 (of 272)

Rank in course/Men: 179 (of 235)

Best time in course: 7:55:46

Rank in category: 30(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:48:30	9:08	33	1:26:28	218	1:36:43	25.00	3:48:30	9:08	13	39:29	191	1:36:43
Floh-Seligenthal	25.00	3:28:23	8:20	28	1:10:47	158	1:23:25	50.00	7:16:53	8:44	13	28:59	188	3:00:08
Finsterbergen	25.00	3:14:01	7:45	25	1:05:35	134	1:26:05	75.00	10:30:54	8:24	13	18:09	180	4:26:13
Fröttstädt	25.00	3:47:08	9:05	32	1:33:54	185	1:56:03	100.00	14:18:02	8:34	30	5:11:18	179	6:22:16