



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Tsai, Rebecca

Club: Lexington, MA
Number: 170

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 14:21:05

Speed: 6.97 km/h
Running performance: 8:37 min/km

Rank in course/Total: 208 (of 272)

Rank in course/Women: 25 (of 37)

Best time in course: 10:26:10

Rank in category: 3(of 3)

Best time in the category: 10:26:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	25.00	3:39:07	8:45	3	59:50	22	59:50	25.00	3:39:07	8:45	3	59:50	8
Floh-Seligenthal	25.00	3:42:01	8:52	3	55:42	27	55:42	50.00	7:21:08	8:49	3	1:55:32	8
Finsterbergen	25.00	3:33:42	8:32	3	1:09:56	28	1:09:56	75.00	10:54:50	8:43	3	3:05:28	7
Fröttstädt	25.00	3:26:15	8:15	3	49:27	19	55:51	100.00	14:21:05	8:36	3	3:54:55	25