



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Brandt, Michael

Club: LG Nord Berlin
Number: 260

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 14:22:03

Speed: 6.96 km/h
Running performance: 8:37 min/km

Rank in course/Total: 209 (of 272)

Rank in course/Men: 184 (of 235)

Best time in course: 7:55:46

Rank in category: 20(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:18:09	7:55	12	44:21	131	1:06:22	25.00	3:18:09	7:55	11		196	1:06:22
Floh-Seligenthal	25.00	3:41:39	8:51	23	57:05	192	1:36:41	50.00	6:59:48	8:23	11	0:44	193	2:43:03
Finsterbergen	25.00	3:25:24	8:12	19	1:01:01	167	1:37:28	75.00	10:25:12	8:20	11	25:18	185	4:20:31
Fröttstädt	25.00	3:56:51	9:28	23	1:27:13	196	2:05:46	100.00	14:22:03	8:37	20	4:03:45	184	6:26:17