



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Günther, Ulrika

Club: Bruchsal  
Number: 172

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 14:26:18

Speed: 6.93 km/h  
Running performance: 8:40 min/km

Rank in course/Total: 211 (of 272)

Rank in course/Women: 26 (of 37)

Best time in course: 10:26:10

Rank in category: 8(of 10)

Best time in the category: 10:46:43

Intermediate times

Stage score

Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                  |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Glasbachwiese    | 25.00       | 3:30:33       | 8:25            | 8           | 38:53          | 18           | 51:16           | 25.00         | 3:30:33       | 8:25            | 8           | 38:53          | 9            |                 |
| Floh-Seligenthal | 25.00       | 3:38:19       | 8:43            | 9           | 47:57          | 24           | 52:00           | 50.00         | 7:08:52       | 8:34            | 8           | 1:26:50        | 9            |                 |
| Finsterbergen    | 25.00       | 3:32:14       | 8:29            | 9           | 57:57          | 26           | 1:08:28         | 75.00         | 10:41:06      | 8:32            | 8           | 2:24:47        | 8            |                 |
| Fröttstädt       | 25.00       | 3:45:12       | 9:00            | 8           | 1:14:48        | 26           | 1:14:48         | 100.00        | 14:26:18      | 8:39            | 8           | 3:39:35        | 26           | 4:00:08         |