



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Wagner, Michael

Club: Harzer Ultra Running Team
Number: 71

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 10:03:08

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 13 (of 272)

Rank in course/Men: 13 (of 235)

Best time in course: 7:55:46

Rank in category: 4(of 34)

Best time in the category: 9:06:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:36:19	6:15	5	14:17	26	24:32	25.00	2:36:19	6:15	22		22	24:32
Floh-Seligenthal	25.00	2:30:20	6:00	2	12:44	11	25:22	50.00	5:06:39	6:07	22		19	49:54
Finsterbergen	25.00	2:26:11	5:50	7	17:45	20	38:15	75.00	7:32:50	6:02	22		14	1:28:09
Fröttstädt	25.00	2:30:18	6:00	7	17:04	21	39:13	100.00	10:03:08	6:01	4	56:24	13	2:07:22