



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Schwochert, Marcus

Club: Berlin
Number: 24

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:37:46

Speed: 6.84 km/h
Running performance: 8:47 min/km

Rank in course/Total: 218 (of 272)

Rank in course/Men: 191 (of 235)

Best time in course: 7:55:46

Rank in category: 32(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	25.00	3:46:29	9:03	32	1:24:27	216	1:34:42	25.00	3:46:29	9:03	15	37:28	203	1:34:42				
Floh-Seligenthal	25.00	3:49:09	9:09	33	1:31:33	207	1:44:11	50.00	7:35:38	9:06	15	47:44	200	3:18:53				
Finsterbergen	25.00	3:28:03	8:19	30	1:19:37	178	1:40:07	75.00	11:03:41	8:50	15	50:56	192	4:59:00				
Fröttstädt	25.00	3:34:05	8:33	29	1:20:51	166	1:43:00	100.00	14:37:46	8:46	32	5:31:02	191	6:42:00				