



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Töppner, Gero

Club: LaufHunde e.V.  
Number: 183

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M35 (35-39 Jahre)

Total time: 14:46:54

Speed: 6.77 km/h  
Running performance: 8:52 min/km

Rank in course/Total: 220 (of 272)

Rank in course/Men: 193 (of 235)

Best time in course: 7:55:46

Rank in category: 20(of 23)

Best time in the category: 7:55:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:36:03	8:38	21	1:24:16	191	1:24:16	25.00	3:36:03	8:38	3	5:09	205	1:24:16
Floh-Seligenthal	25.00	3:58:08	9:31	22	1:53:10	212	1:53:10	50.00	7:34:11	9:05	3	14:44	202	3:17:26
Finsterbergen	25.00	3:36:05	8:38	20	1:48:09	186	1:48:09	75.00	11:10:16	8:56	3	2:21:58	194	5:05:35
Fröttstädt	25.00	3:36:38	8:39	19	1:45:33	169	1:45:33	100.00	14:46:54	8:52	20	6:51:08	193	6:51:08