



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kretzschmar, Bernd

Club: SV Dachwig
Number: 220

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:51:38

Speed: 6.73 km/h
Running performance: 8:55 min/km

Rank in course/Total: 223 (of 272)

Rank in course/Men: 195 (of 235)

Best time in course: 7:55:46

Rank in category: 49(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:31:47	8:28	44	1:03:02	179	1:20:00	25.00	3:31:47	8:28	23		207	1:20:00
Floh-Seligenthal	25.00	3:47:09	9:05	49	1:28:40	200	1:42:11	50.00	7:18:56	8:46	23	17:51	204	3:02:11
Finsterbergen	25.00	3:43:12	8:55	48	1:52:02	195	1:55:16	75.00	11:02:08	8:49	22	36:19	196	4:57:27
Fröttstädt	25.00	3:49:30	9:10	47	1:50:42	189	1:58:25	100.00	14:51:38	8:54	49	6:12:58	195	6:55:52