



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Bracht, Gerhard

Club: EK Schwaikheim
Number: 109

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M60 (60-64 Jahre)

Total time: 15:06:27

Speed: 6.62 km/h
Running performance: 9:04 min/km

Rank in course/Total: 225 (of 272)

Rank in course/Men: 197 (of 235)

Best time in course: 7:55:46

Rank in category: 8(of 10)

Best time in the category: 11:10:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:38:59	8:45	6	45:08	195	1:27:12	25.00	3:38:59	8:45	9	45:08	209	1:27:12
Floh-Seligenthal	25.00	3:51:05	9:14	9	1:02:35	209	1:46:07	50.00	7:30:04	9:00	9	1:47:43	206	3:13:19
Finsterbergen	25.00	3:42:33	8:54	8	1:05:06	194	1:54:37	75.00	11:12:37	8:58	8	2:52:49	198	5:07:56
Fröttstädt	25.00	3:53:50	9:21	9	1:03:06	193	2:02:45	100.00	15:06:27	9:03	8	3:55:55	197	7:10:41