



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Goldbach, solveig

Club: Lübecker Marathon eV
Number: 70

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 15:30:21

Speed: 6.45 km/h
Running performance: 9:18 min/km

Rank in course/Total: 231 (of 272)

Rank in course/Women: 29 (of 37)

Best time in course: 10:26:10

Rank in category: 2(of 4)

Best time in the category: 13:56:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking							
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Glasbachwiese	25.00	3:48:25	9:08	2	20:59	29	1:09:08	25.00	3:48:25	9:08	2	20:59	12		
Floh-Seligenthal	25.00	3:57:29	9:29	3	29:15	32	1:11:10	50.00	7:45:54	9:19	2	50:14	12	16:49	
Finsterbergen	25.00	3:49:30	9:10	3	19:22	30	1:25:44	75.00	11:35:24	9:16	2	1:09:36	11	34:19	
Fröttstädt	25.00	3:54:57	9:23	2	24:40	29	1:24:33	100.00	15:30:21	9:18	2	1:34:16	29	5:04:11	