



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Mittermeier, Peter

Club: 1. Volkslaufclub Nürnberg
Number: 258

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 15:45:48

Speed: 6.34 km/h
Running performance: 9:28 min/km

Rank in course/Total: 234 (of 272)

Rank in course/Men: 204 (of 235)

Best time in course: 7:55:46

Rank in category: 26(of 30)

Best time in the category: 10:18:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:40:31	8:49	26	1:06:43	202	1:28:44	25.00	3:40:31	8:49	5	7:24	216	1:28:44
Floh-Seligenthal	25.00	3:59:54	9:35	26	1:15:20	214	1:54:56	50.00	7:40:25	9:12	5	41:21	213	3:23:40
Finsterbergen	25.00	4:18:41	10:20	28	1:54:18	218	2:30:45	75.00	11:59:06	9:35	5	1:59:12	205	5:54:25
Fröttstädt	25.00	3:46:42	9:04	22	1:17:04	184	1:55:37	100.00	15:45:48	9:27	26	5:27:30	204	7:50:02