



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

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Club: ULTRARUNNER-TEAM.de
Number: 79

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 15:49:17

Speed: 6.32 km/h
Running performance: 9:29 min/km

Rank in course/Total: 236 (of 272)

Rank in course/Men: 206 (of 235)

Best time in course: 7:55:46

Rank in category: 33(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:40:02	8:48	30	1:18:00	198	1:28:15	25.00	3:40:02	8:48	16	31:01	217	1:28:15
Floh-Seligenthal	25.00	3:38:58	8:45	32	1:21:22	186	1:34:00	50.00	7:19:00	8:46	16	31:06	214	3:02:15
Finsterbergen	25.00	4:25:14	10:36	34	2:16:48	221	2:37:18	75.00	11:44:14	9:23	16	1:31:29	206	5:39:33
Fröttstädt	25.00	4:05:03	9:48	33	1:51:49	199	2:13:58	100.00	15:49:17	9:29	33	6:42:33	206	7:53:31