



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

**Bicher, Stefan**

Club: Team Hanka  
Number: 137

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M30 (30-34 Jahre)

Total time: 15:49:15

Speed: 6.32 km/h  
Running performance: 9:29 min/km

Rank in course/Total: 235 (of 272)

Rank in course/Men: 205 (of 235)

Best time in course: 7:55:46

Rank in category: 13(of 15)

Best time in the category: 9:22:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:40:59	8:50	14	1:18:32	204	1:29:12	25.00	3:40:59	8:50	14	43:01	218	1:29:12
Floh-Seligenthal	25.00	3:44:57	8:59	12	1:26:52	196	1:39:59	50.00	7:25:56	8:55	13	2:45:24	215	3:09:11
Finsterbergen	25.00	4:18:14	10:19	14	2:02:32	217	2:30:18	75.00	11:44:10	9:23	13	4:44:58	207	5:39:29
Fröttstädt	25.00	4:05:05	9:48	13	1:45:44	200	2:14:00	100.00	15:49:15	9:29	13	6:26:33	205	7:53:29