



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Traeder, Martin

Club: 100 Marathon Club
Number: 169

Course: 100.00 km
Thüringen Ultra

Category:
Männer (20-29 Jahre)

Total time: 15:57:52

Speed: 6.26 km/h
Running performance: 9:35 min/km

Rank in course/Total: 239 (of 272)

Rank in course/Men: 208 (of 235)

Best time in course: 7:55:46

Rank in category: 6(of 7)

Best time in the category: 9:40:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:28:20	8:20	7	1:16:32	166	1:16:33	25.00	3:28:20	8:20	7	1:16:32	220	1:16:33
Floh-Seligenthal	25.00	3:48:12	9:07	7	1:41:46	201	1:43:14	50.00	7:16:32	8:43	7	2:58:18	217	2:59:47
Finsterbergen	25.00	3:59:10	9:33	6	1:42:40	207	2:11:14	75.00	11:15:42	9:00	6	3:55:04	209	5:11:01
Fröttstädt	25.00	4:42:10	11:17	6	2:25:18	218	2:51:05	100.00	15:57:52	9:34	6	6:17:17	208	8:02:06