



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kelbel, Joe

Club: Marathon4you.de
Number: 264

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 15:59:05

Speed: 6.26 km/h
Running performance: 9:35 min/km

Rank in course/Total: 240 (of 272)

Rank in course/Men: 209 (of 235)

Best time in course: 7:55:46

Rank in category: 49(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	25.00	3:41:50	8:52	49	1:15:10	208	1:30:03	25.00	3:41:50	8:52	26	14:56	221	1:30:03				
Floh-Seligenthal	25.00	3:45:28	9:01	47	1:18:17	198	1:40:30	50.00	7:27:18	8:56	26	32:21	218	3:10:33				
Finsterbergen	25.00	3:54:51	9:23	48	1:40:33	204	2:06:55	75.00	11:22:09	9:05	25	1:06:03	210	5:17:28				
Fröttstädt	25.00	4:36:56	11:04	49	2:24:56	217	2:45:51	100.00	15:59:05	9:35	49	6:32:21	209	8:03:19				