



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

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Club: miltenberg
Number: 56

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 16:00:46

Speed: 6.25 km/h
Running performance: 9:37 min/km

Rank in course/Total: 241 (of 272)

Rank in course/Men: 210 (of 235)

Best time in course: 7:55:46

Rank in category: 27(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:35:56	8:38	23	1:02:08	190	1:24:09	25.00	3:35:56	8:38	4	2:49	222	1:24:09
Floh-Seligenthal	25.00	4:00:15	9:36	27	1:15:41	215	1:55:17	50.00	7:36:11	9:07	4	37:07	219	3:19:26
Finsterbergen	25.00	4:10:54	10:02	27	1:46:31	216	2:22:58	75.00	11:47:05	9:25	4	1:47:11	211	5:42:24
Fröttstädt	25.00	4:13:41	10:08	27	1:44:03	205	2:22:36	100.00	16:00:46	9:36	27	5:42:28	210	8:05:00