



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Linke, Rainer

Club: München
Number: 78

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:06:18

Speed: 6.21 km/h
Running performance: 9:40 min/km

Rank in course/Total: 242 (of 272)

Rank in course/Men: 211 (of 235)

Best time in course: 7:55:46

Rank in category: 51(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:42:49	8:54	52	1:14:04	209	1:31:02	25.00	3:42:49	8:54	25	9:38	223	1:31:02
Floh-Seligenthal	25.00	4:00:49	9:37	52	1:42:20	217	1:55:51	50.00	7:43:38	9:16	25	42:33	220	3:26:53
Finsterbergen	25.00	4:01:36	9:39	51	2:10:26	209	2:13:40	75.00	11:45:14	9:24	24	1:19:25	212	5:40:33
Fröttstädt	25.00	4:21:04	10:26	52	2:22:16	210	2:29:59	100.00	16:06:18	9:39	51	7:27:38	211	8:10:32