



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Jahn, Henry

Club: SV Bad Düben
Number: 154

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:12:41

Speed: 6.17 km/h
Running performance: 9:44 min/km

Rank in course/Total: 243 (of 272)

Rank in course/Men: 212 (of 235)

Best time in course: 7:55:46

Rank in category: 52(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:35:02	8:36	48	1:06:17	188	1:23:15	25.00	3:35:02	8:36	26	1:51	224	1:23:15
Floh-Seligenthal	25.00	4:18:23	10:20	54	1:59:54	222	2:13:25	50.00	7:53:25	9:28	26	52:20	221	3:36:40
Finsterbergen	25.00	4:01:50	9:40	52	2:10:40	210	2:13:54	75.00	11:55:15	9:32	25	1:29:26	213	5:50:34
Fröttstädt	25.00	4:17:26	10:17	51	2:18:38	209	2:26:21	100.00	16:12:41	9:43	52	7:34:01	212	8:16:55