



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Brunhöber, Mira

Club: Sportpark
Number: 286

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 16:30:05

Speed: 6.06 km/h
Running performance: 9:54 min/km

Rank in course/Total: 248 (of 272)

Rank in course/Men: 215 (of 235)

Best time in course: 7:55:46

Rank in category: 34(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	25.00	3:50:36	9:13	34	1:28:34	223	1:38:49	25.00	3:50:36	9:13	17	41:35	227	1:38:49				
Floh-Seligenthal	25.00	4:19:41	10:23	34	2:02:05	223	2:14:43	50.00	8:10:17	9:48	17	1:22:23	224	3:53:32				
Finsterbergen	25.00	4:03:17	9:43	33	1:54:51	212	2:15:21	75.00	12:13:34	9:46	17	2:00:49	216	6:08:53				
Fröttstädt	25.00	4:16:31	10:15	34	2:03:17	207	2:25:26	100.00	16:30:05	9:54	34	7:23:21	215	8:34:19				