



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Curth, Martin

Club: Vehemare Ultras  
Number: 164

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M30 (30-34 Jahre)

Total time: 17:15:23

Speed: 5.79 km/h  
Running performance: 10:21 min/km

Rank in course/Total: 252 (of 272)

Rank in course/Men: 217 (of 235)

Best time in course: 7:55:46

Rank in category: 14(of 15)

Best time in the category: 9:22:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	4:01:17	9:39	15	1:38:50	230	1:49:30	25.00	4:01:17	9:39	15	1:03:19	229	1:49:30
Floh-Seligenthal	25.00	4:11:32	10:03	14	1:53:27	220	2:06:34	50.00	8:12:49	9:51	14	3:32:17	226	3:56:04
Finsterbergen	25.00	4:09:26	9:58	13	1:53:44	215	2:21:30	75.00	12:22:15	9:53	14	5:23:03	218	6:17:34
Fröttstädt	25.00	4:53:08	11:43	14	2:33:47	221	3:02:03	100.00	17:15:23	10:21	14	7:52:41	217	9:19:37