



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Dr. Hamer, Hubert

Club: Großhansdorf
Number: 75

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 17:16:22

Speed: 5.79 km/h
Running performance: 10:22 min/km

Rank in course/Total: 253 (of 272)

Rank in course/Men: 218 (of 235)

Best time in course: 7:55:46

Rank in category: 29(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	4:01:16	9:39	29	1:27:28	229	1:49:29	25.00	4:01:16	9:39	2	28:09	230	1:49:29
Floh-Seligenthal	25.00	4:23:13	10:31	29	1:38:39	227	2:18:15	50.00	8:24:29	10:05	2	1:25:25	227	4:07:44
Finsterbergen	25.00	4:23:05	10:31	29	1:58:42	219	2:35:09	75.00	12:47:34	10:14	2	2:47:40	219	6:42:53
Fröttstädt	25.00	4:28:48	10:45	28	1:59:10	213	2:37:43	100.00	17:16:22	10:21	29	6:58:04	218	9:20:36