



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Matthys, Michel

Club: GMRV Laufverein
Number: 136

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 18:10:33

Speed: 5.50 km/h
Running performance: 10:55 min/km

Rank in course/Total: 258 (of 272)

Rank in course/Men: 222 (of 235)

Best time in course: 7:55:46

Rank in category: 50(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	4:19:38	10:23	54	1:52:58	234	2:07:51	25.00	4:19:38	10:23	27	52:44	234	2:07:51
Floh-Seligenthal	25.00	4:44:23	11:22	53	2:17:12	230	2:39:25	50.00	9:04:01	10:52	27	2:09:04	231	4:47:16
Finsterbergen	25.00	3:58:29	9:32	50	1:44:11	206	2:10:33	75.00	13:02:30	10:26	26	2:46:24	223	6:57:49
Fröttstädt	25.00	5:08:03	12:19	50	2:56:03	222	3:16:58	100.00	18:10:33	10:54	50	8:43:49	222	10:14:47