



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Schlöffel, Janko

Club: DAV Nordhausen  
Number: 257

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 10:07:43

Speed: 9.87 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 19 (of 272)

Rank in course/Men: 19 (of 235)

Best time in course: 7:55:46

Rank in category: 3(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:44:15	6:34	7	15:30	40	32:28	25.00	2:44:15	6:34	35		27	32:28
Floh-Seligenthal	25.00	2:35:06	6:12	3	16:37	20	30:08	50.00	5:19:21	6:23	34		24	1:02:36
Finsterbergen	25.00	2:23:31	5:44	2	32:21	14	35:35	75.00	7:42:52	6:10	31		19	1:38:11
Fröttstädt	25.00	2:24:51	5:47	2	26:03	14	33:46	100.00	10:07:43	6:04	3	1:29:03	19	2:11:57