



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Czogalla, Sascha

Club: velosophen.de  
Number: 198

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M40 (40-44 Jahre)

Total time: 10:08:07

Speed: 9.87 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 21 (of 272)

Rank in course/Men: 21 (of 235)

Best time in course: 7:55:46

Rank in category: 7(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:31:16	6:03	3	9:14	14	19:29	25.00	2:31:16	6:03	24		29	19:29
Floh-Seligenthal	25.00	2:34:18	6:10	6	16:42	19	29:20	50.00	5:05:34	6:06	24		26	48:49
Finsterbergen	25.00	2:25:16	5:48	5	16:50	17	37:20	75.00	7:30:50	6:00	24		21	1:26:09
Fröttstädt	25.00	2:37:17	6:17	9	24:03	37	46:12	100.00	10:08:07	6:04	7	1:01:23	21	2:12:21