



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

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Club: LWF Leipzig
Number: 53

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 10:27:15

Speed: 9.57 km/h
Running performance: 6:16 min/km

Rank in course/Total: 26 (of 272)

Rank in course/Men: 25 (of 235)

Best time in course: 7:55:46

Rank in category: 5(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:36:23	6:15	5	7:38	27	24:36	25.00	2:36:23	6:15	37		33	24:36
Floh-Seligenthal	25.00	2:39:40	6:23	8	21:11	29	34:42	50.00	5:16:03	6:19	36		30	59:18
Finsterbergen	25.00	2:30:37	6:01	5	39:27	29	42:41	75.00	7:46:40	6:13	33		25	1:41:59
Fröttstädt	25.00	2:40:35	6:25	10	41:47	45	49:30	100.00	10:27:15	6:16	5	1:48:35	25	2:31:29