



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein Ilsenburg
Number: 128

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 10:36:11

Speed: 9.43 km/h
Running performance: 6:22 min/km

Rank in course/Total: 34 (of 272)

Rank in course/Men: 33 (of 235)

Best time in course: 7:55:46

Rank in category: 5(of 54)

Best time in the category: 9:26:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:26:40	5:51	1	-	7	14:53	25.00	2:26:40	5:51	34		40	14:53
Floh-Seligenthal	25.00	2:27:40	5:54	2	0:29	8	22:42	50.00	4:54:20	5:53	33		37	37:35
Finsterbergen	25.00	2:37:01	6:16	7	22:43	43	49:05	75.00	7:31:21	6:01	31		32	1:26:40
Fröttstädt	25.00	3:04:50	7:23	19	52:50	94	1:13:45	100.00	10:36:11	6:21	5	1:09:27	33	2:40:25