



7. Thüringen ULTRA

Fröttstädt / 06.07.2013

Detailed evaluation

Woitynek, Martin

Club: LG Mauerweg Berlin
Number: 39

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 10:42:13

Speed: 9.34 km/h
Running performance: 6:25 min/km

Rank in course/Total: 39 (of 272)

Rank in course/Men: 38 (of 235)

Best time in course: 7:55:46

Rank in category: 9(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:40:42	6:25	9	18:40	36	28:55	25.00	2:40:42	6:25	26		46	28:55
Floh-Seligenthal	25.00	2:46:57	6:40	9	29:21	40	41:59	50.00	5:27:39	6:33	26		43	1:10:54
Finsterbergen	25.00	2:36:04	6:14	11	27:38	41	48:08	75.00	8:03:43	6:26	26		38	1:59:02
Fröttstädt	25.00	2:38:30	6:20	10	25:16	40	47:25	100.00	10:42:13	6:25	9	1:35:29	38	2:46:27