



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Gothe, Stefan

Club: Triathlon Friedrichroda  
Number: 51

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M35 (35-39 Jahre)

Total time: 10:42:30

Speed: 9.34 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 40 (of 272)

Rank in course/Men: 39 (of 235)

Best time in course: 7:55:46

Rank in category: 6(of 23)

Best time in the category: 7:55:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:48:37	6:44	8	36:50	53	36:50	25.00	2:48:37	6:44	18		47	36:50
Floh-Seligenthal	25.00	2:48:58	6:45	7	44:00	45	44:00	50.00	5:37:35	6:45	18		44	1:20:50
Finsterbergen	25.00	2:29:44	5:59	4	41:48	26	41:48	75.00	8:07:19	6:29	17		39	2:02:38
Fröttstädt	25.00	2:35:11	6:12	6	44:06	35	44:06	100.00	10:42:30	6:25	6	2:46:44	39	2:46:44