



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

**Bergmann, Heike**

Club: TSV Zeulenroda  
Number: 213

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 10:46:43

Speed: 9.28 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 42 (of 272)

Rank in course/Women: 2 (of 37)

Best time in course: 10:26:10

Rank in category: 1(of 10)

Best time in the category: 10:46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Glasbachwiese	25.00	2:51:40	6:51	1	-	3	12:23	25.00	2:51:40	6:51	1	-	21		
Floh-Seligenthal	25.00	2:50:22	6:48	1	-	2	4:03	50.00	5:42:02	6:50	1	-	21		
Finsterbergen	25.00	2:34:17	6:10	1	-	2	10:31	75.00	8:16:19	6:37	1	-	20		
Fröttstädt	25.00	2:30:24	6:00	1	-	1	-	100.00	10:46:43	6:28	1	-	2	20:33	