



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Engelke, Dirk

Club: engelmania
Number: 82

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 10:47:01

Speed: 9.27 km/h
Running performance: 6:28 min/km

Rank in course/Total: 43 (of 272)

Rank in course/Men: 41 (of 235)

Best time in course: 7:55:46

Rank in category: 11(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:50:22	6:48	14	28:20	57	38:35	25.00	2:50:22	6:48	28		51	38:35
Floh-Seligenthal	25.00	2:50:25	6:48	12	32:49	50	45:27	50.00	5:40:47	6:48	28		48	1:24:02
Finsterbergen	25.00	2:35:11	6:12	10	26:45	38	47:15	75.00	8:15:58	6:36	28		43	2:11:17
Fröttstädt	25.00	2:31:03	6:02	8	17:49	22	39:58	100.00	10:47:01	6:28	11	1:40:17	41	2:51:15