



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen  
Number: 224

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M55 (55-59 Jahre)

Total time: 11:02:55

Speed: 9.05 km/h  
Running performance: 6:38 min/km

Rank in course/Total: 52 (of 272)

Rank in course/Men: 49 (of 235)

Best time in course: 7:55:46

Rank in category: 3(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:12:58	7:43	10	39:10	115	1:01:11	25.00	3:12:58	7:43	28		58	1:01:11
Floh-Seligenthal	25.00	2:47:20	6:41	3	2:46	41	42:22	50.00	6:00:18	7:12	28		55	1:43:33
Finsterbergen	25.00	2:24:23	5:46	1	-	16	36:27	75.00	8:24:41	6:43	28		50	2:20:00
Fröttstädt	25.00	2:38:14	6:19	3	8:36	39	47:09	100.00	11:02:55	6:37	3	44:37	49	3:07:09