



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Beetz, Dirk

Club: Team Erdinger
Number: 91

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:03:38

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 53 (of 272)

Rank in course/Men: 50 (of 235)

Best time in course: 7:55:46

Rank in category: 11(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:58:14	7:07	17	31:34	79	46:27	25.00	2:58:14	7:07	41		59	46:27
Floh-Seligenthal	25.00	2:52:40	6:54	11	25:29	61	47:42	50.00	5:50:54	7:01	40		56	1:34:09
Finsterbergen	25.00	2:37:08	6:17	8	22:50	45	49:12	75.00	8:28:02	6:46	38		51	2:23:21
Fröttstädt	25.00	2:35:36	6:13	8	23:36	36	44:31	100.00	11:03:38	6:38	11	1:36:54	50	3:07:52