



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

**Pelzel, Mario**

Club: VfL 28 Ellrich  
Number: 255

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:17:54

Speed: 8.85 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 62 (of 272)

Rank in course/Men: 59 (of 235)

Best time in course: 7:55:46

Rank in category: 12(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:46:55	6:40	11	20:15	48	35:08	25.00	2:46:55	6:40	28		25	35:08
Floh-Seligenthal	25.00	2:50:42	6:49	9	23:31	52	45:44	50.00	5:37:37	6:45	28		63	1:20:52
Finsterbergen	25.00	2:41:12	6:26	11	26:54	55	53:16	75.00	8:18:49	6:39	39		58	2:14:08
Fröttstädt	25.00	2:59:05	7:09	15	47:05	79	1:08:00	100.00	11:17:54	6:46	12	1:51:10	59	3:22:08