



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Sacher, Thomas

Club: Team Iron Mind
Number: 269

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:27:06

Speed: 8.73 km/h
Running performance: 6:52 min/km

Rank in course/Total: 67 (of 272)

Rank in course/Men: 64 (of 235)

Best time in course: 7:55:46

Rank in category: 16(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:42:45	6:30	10	20:43	37	30:58	25.00	2:42:45	6:30	33		72	30:58
Floh-Seligenthal	25.00	2:53:49	6:57	15	36:13	62	48:51	50.00	5:36:34	6:43	33		69	1:19:49
Finsterbergen	25.00	2:51:15	6:50	18	42:49	79	1:03:19	75.00	8:27:49	6:46	33		64	2:23:08
Fröttstädt	25.00	2:59:17	7:10	19	46:03	81	1:08:12	100.00	11:27:06	6:52	16	2:20:22	64	3:31:20