



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Jago, Andreas

Club: MTV Gittelde  
Number: 64

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 8:38:40

Speed: 11.57 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 2 (of 272)

Rank in course/Men: 2 (of 235)

Best time in course: 7:55:46

Rank in category: 1(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:30:13	6:00	2	1:28	11	18:26	25.00	2:30:13	6:00	32		8	18:26
Floh-Seligenthal	25.00	2:18:29	5:32	1	-	5	13:31	50.00	4:48:42	5:46	31		5	31:57
Finsterbergen	25.00	1:51:10	4:26	1	-	2	3:14	75.00	6:39:52	5:19	43		2	35:11
Fröttstädt	25.00	1:58:48	4:45	1	-	2	7:43	100.00	8:38:40	5:11	1	-	2	42:54