



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Heinlein, Marika

Club: 1. FC Geesdorf
Number: 66

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 11:36:14

Speed: 8.62 km/h
Running performance: 6:58 min/km

Rank in course/Total: 73 (of 272)

Rank in course/Women: 4 (of 37)

Best time in course: 10:26:10

Rank in category: 2(of 10)

Best time in the category: 10:46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	25.00	2:55:29	7:01	2	3:49	5	16:12	25.00	2:55:29	7:01	2	3:49	24
Floh-Seligenthal	25.00	2:59:17	7:10	3	8:55	6	12:58	50.00	5:54:46	7:05	2	12:44	24
Finsterbergen	25.00	2:45:55	6:38	2	11:38	5	22:09	75.00	8:40:41	6:56	2	24:22	22
Fröttstädt	25.00	2:55:33	7:01	3	25:09	8	25:09	100.00	11:36:14	6:57	2	49:31	4 1:10:04