



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Thein, Gerhard

Club: Carpe diem 96260 Weismain
Number: 218

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:47:36

Speed: 8.48 km/h
Running performance: 7:05 min/km

Rank in course/Total: 80 (of 272)

Rank in course/Men: 75 (of 235)

Best time in course: 7:55:46

Rank in category: 18(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:06:00	7:26	21	43:58	101	54:13	25.00	3:06:00	7:26	10		83	54:13
Floh-Seligenthal	25.00	3:09:23	7:34	20	51:47	103	1:04:25	50.00	6:15:23	7:30	10		80	1:58:38
Finsterbergen	25.00	2:42:39	6:30	15	34:13	62	54:43	75.00	8:58:02	7:10	10		75	2:53:21
Fröttstädt	25.00	2:49:34	6:46	17	36:20	66	58:29	100.00	11:47:36	7:04	18	2:40:52	75	3:51:50