



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Ehrlich, Volker

Club: Impuls Erfurt
Number: 160

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 11:49:19

Speed: 8.46 km/h
Running performance: 7:05 min/km

Rank in course/Total: 82 (of 272)

Rank in course/Men: 76 (of 235)

Best time in course: 7:55:46

Rank in category: 13(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:46:22	6:39	9	17:37	46	34:35	25.00	2:46:22	6:39	30		84	34:35
Floh-Seligenthal	25.00	2:47:52	6:42	9	29:23	42	42:54	50.00	5:34:14	6:41	30		81	1:17:29
Finsterbergen	25.00	3:01:07	7:14	20	1:09:57	97	1:13:11	75.00	8:35:21	6:52	41		76	2:30:40
Fröttstädt	25.00	3:13:58	7:45	25	1:15:10	118	1:22:53	100.00	11:49:19	7:05	13	3:10:39	76	3:53:33