



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

LTV Erfurt

Club: LTV Erfurt
Number: 4020

Course: 100.22 km
Staffel 4x25 km

Category:
Frauenstaffel

Total time: 9:03:41

Speed: 11.04 km/h
Running performance: 5:25 min/km

Rank in course: 11 (of 25)

Best time in course: 7:37:28

Rank in category: 1(of 3)

Best time in the category: 9:03:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:28:48	5:25	1	-	13	31:51	27.39	2:28:48	5:25	1	-	16	
Floh-Seligenthal	27.74	2:18:45	5:00	1	-	12	20:11	55.13	4:47:33	5:12	1	-	16	
Finsterbergen	22.03	2:01:25	5:30	2	7:34	11	31:00	77.16	6:48:58	5:18	1	-	16	
Fröttstädt	23.06	2:14:43	5:50	3	1:46	18	39:53	100.22	9:03:41	5:25	1	-	11	1:26:13