



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Gelbe Engel

Club: Gelbe Engel
Number: 4005

Course: 100.22 km
Staffel 4x25 km

Category:
Frauenstaffel

Total time: 10:04:53

Speed: 9.92 km/h
Running performance: 6:02 min/km

Rank in course: 20 (of 25)

Best time in course: 7:37:28

Rank in category: 3(of 3)

Best time in the category: 9:03:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	3:22:06	7:22	3	53:18	24	1:25:09	27.39	3:22:06	7:22	3	53:18	7	46:40
Floh-Seligenthal	27.74	2:35:59	5:37	2	17:14	18	37:25	55.13	5:58:05	6:29	3	1:10:32	7	48:01
Finsterbergen	22.03	1:53:51	5:10	1	-	8	23:26	77.16	7:51:56	6:06	3	1:02:58	7	34:25
Fröttstädt	23.06	2:12:57	5:45	1	-	15	38:07	100.22	10:04:53	6:02	3	1:01:12	20	2:27:25