



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Rühler Springer

Club: Rühler Springer  
Number: 4024

Course: 100.22 km  
Staffel 4x25 km

Category:  
Männerstaffel

Total time: 10:53:31

Speed: 9.18 km/h  
Running performance: 6:31 min/km

Rank in course: 22 (of 25)

Best time in course: 7:37:28

Rank in category: 16(of 18)

Best time in the category: 7:37:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	3:24:23	7:27	18	1:27:26	25	1:27:26	27.39	3:24:23	7:27	4	1:06:25	5	48:57
Floh-Seligenthal	27.74	3:01:59	6:33	17	1:03:25	24	1:03:25	55.13	6:26:22	7:00	4	1:40:35	5	1:16:18
Finsterbergen	22.03	2:29:10	6:46	16	58:45	22	58:45	77.16	8:55:32	6:56	4	2:07:21	5	1:38:01
Fröttstädt	23.06	1:57:59	5:06	7	14:59	9	23:09	100.22	10:53:31	6:31	16	3:16:03	22	3:16:03