



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Franken Trail Runners

Club: Franken Trail Runners
Number: 4004

Course: 100.22 km
Staffel 4x25 km

Category:
Männerstaffel

Total time: 7:47:22

Speed: 12.84 km/h
Running performance: 4:40 min/km

Rank in course: 3 (of 25)
Best time in course: 7:37:28

Rank in category: 3(of 18)
Best time in the category: 7:37:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:13:18	4:52	5	16:21	6	16:21	27.39	2:13:18	4:52	17			24
Floh-Seligenthal	27.74	2:02:54	4:25	2	4:20	3	4:20	55.13	4:16:12	4:38	17			24
Finsterbergen	22.03	1:48:10	4:54	4	17:45	5	17:45	77.16	6:04:22	4:43	17			24
Fröttstädt	23.06	1:43:00	4:27	1	-	2	8:10	100.22	7:47:22	4:39	3	9:54	3	9:54