



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kenias letzte Reserve

Club: Kenias letzte Reserve
Number: 4006

Course: 100.22 km
Staffel 4x25 km

Category:
Männerstaffel

Total time: 8:34:15

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course: 9 (of 25)
Best time in course: 7:37:28

Rank in category: 7(of 18)
Best time in the category: 7:37:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:26:19	5:20	8	29:22	11	29:22	27.39	2:26:19	5:20	13	8:21	18	
Floh-Seligenthal	27.74	2:15:20	4:52	6	16:46	8	16:46	55.13	4:41:39	5:06	13		18	
Finsterbergen	22.03	1:56:13	5:16	6	25:48	9	25:48	77.16	6:37:52	5:09	13		18	
Fröttstädt	23.06	1:56:23	5:02	6	13:23	7	21:33	100.22	8:34:15	5:07	7	56:47	9	56:47