



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Schenk, Michael

Total time: 2:25:04

Club: Tripower Rhein-Sieg

Number: 350

Course: 55.40 km

Rank in course/Total: 6 (of 71)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 6 (of 61)

Best time in course: 2:17:34

Category:

Rank in category: 2(of 13)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:24:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.40	25:00	17:51	2	1:29	13	4:11	1.40	25:00	17:51	2	1:29	37	
Schwimmen Net	1.40	25:00	17:51	2	1:29	37		1.40	25:00	17:51	2	1:29	37	
Wechsel Schwim	0.05	2:00	40:00	3	0:35	5	0:35	1.45	27:00	18:37	2	1:37	37	
Schwimmen Tot	1.45	27:00	18:37	2	1:37	37		1.45	27:00	18:37	2	1:37	37	
ZZ Rad	11.00	fehlt!	-	-	-	-	-	12.45	-	-	-	-	-	-
ZZ Rad	11.00	fehlt!	-	-	-	-	-	23.45	-	-	-	-	-	-
ZZ Rad	11.00	fehlt!	-	-	-	-	-	34.45	-	-	-	-	-	-
Rad Ende	11.00	1:15:06	6:49	12	58:03	59	58:41	45.45	1:42:06	2:14	2	0:02	37	
Wechsel Rad-Lau	0.05	1:27	28:59	2	0:16	16	0:28	45.50	1:43:33	2:16	2	0:18	37	
Rad Total	44.05	1:16:33	1:44	1	-	3	1:41	45.50	1:43:33	2:16	2	0:18	37	
ZZ Lauf	3.33	30:44	9:13	13	21:15	59	21:55	48.83	2:14:17	2:45	2	0:42	36	
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-
Lauf	3.33	10:47	3:14	3	0:21	7	1:36	55.40	2:25:04	2:37	2	0:45	6	7:30