



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Salterberg, Klaus

Total time: 1:31:55

Club: 0

Number: 170

Course: 25.70 km

Rank in course/Total: 73 (of 116)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 66 (of 92)

Best time in course: 1:03:19

Category:

Rank in category: 2(of 2)

Senioren 5 (60-64 Jahre)

Best time in the category: 1:28:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.70	14:29	20:41	1	-	28	4:50	0.70	14:29	20:41	2			6	
Schwimmen Net	0.70	14:29	20:41	2		6		0.70	14:29	20:41	2			6	
Wechsel Schwim	0.05	2:59	59:39	2	0:24	68	1:47	0.75	17:28	23:17	2			6	
Schwimmen Total	0.75	17:28	23:17	2		6		0.75	17:28	23:17	2			6	
ZZ Rad	10.00	22:38	2:15	2	1:01	51	5:10	10.75	40:06	3:43	2			8	
Rad Ende	10.00	21:27	2:08	2	1:22	59	6:28	20.75	1:01:33	2:57	2			6	
Wechsel Rad-Lau	0.05	2:04	41:20	2	0:27	86	1:25	20.80	1:03:37	3:03	2			6	
Rad Total	20.05	46:09	2:18	2	2:50	70	11:32	20.80	1:03:37	3:03	2			6	
ZZ Lauf	2.50	13:23	5:21	2	1:10	76	4:32	23.30	1:17:00	3:18	2	0:58		7	1:42
Lauf	2.50	14:55	5:58	2	2:04	78	5:33	25.70	1:31:55	3:34	2	3:02		66	28:36