



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Detailed evaluation

Pelikan, Max

Club: Bornheim

Number: 144

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

AK3 männlich (30-34 Jahre)

Total time: 1:32:47

Rank in course/Total: 78 (of 116)

Rank in course/Men: 69 (of 92)

Best time in course: 1:03:19

Rank in category: 9(of 10)

Best time in the category: 1:05:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Schwimmen | 0.70 | 16:50 | 24:02 | 8 | 6:05 | 60 | 7:11 | 0.70 | 16:50 | 24:02 | 9 | 6:05 | 2 | | |
| Schwimmen Net | 0.70 | 16:50 | 24:02 | 9 | 6:05 | 2 | | 0.70 | 16:50 | 24:02 | 9 | 6:05 | 2 | | |
| Wechsel Schwim | 0.05 | 3:31 | 70:19 | 9 | 1:50 | 79 | 2:19 | 0.75 | 20:21 | 27:08 | 9 | 7:55 | 2 | 0:38 | |
| Schwimmen Total | 0.75 | 20:21 | 27:08 | 9 | 7:55 | 2 | 0:38 | 0.75 | 20:21 | 27:08 | 9 | 7:55 | 2 | 0:38 | |
| ZZ Rad | 10.00 | 22:26 | 2:14 | 6 | 2:40 | 47 | 4:58 | 10.75 | 42:47 | 3:58 | 7 | 9:36 | 5 | 0:38 | |
| Rad Ende | 10.00 | 20:14 | 2:01 | 6 | 2:23 | 47 | 5:15 | 20.75 | 1:03:01 | 3:02 | 9 | 16:43 | 2 | 0:17 | |
| Wechsel Rad-Lau | 0.05 | 1:51 | 37:00 | 10 | 0:57 | 78 | 1:12 | 20.80 | 1:04:52 | 3:07 | 9 | 17:31 | 2 | 0:46 | |
| Rad Total | 20.05 | 44:31 | 2:13 | 8 | 9:36 | 61 | 9:54 | 20.80 | 1:04:52 | 3:07 | 9 | 17:31 | 2 | 0:46 | |
| ZZ Lauf | 2.50 | 13:50 | 5:31 | 9 | 2:56 | 79 | 4:59 | 23.30 | 1:18:42 | 3:22 | 8 | 15:44 | 3 | 3:24 | |
| Lauf | 2.50 | 14:05 | 5:38 | 9 | 2:47 | 75 | 4:43 | 25.70 | 1:32:47 | 3:36 | 9 | 27:19 | 69 | 29:28 | |